

Positive Life NSW is the largest NSW organisation for all people living with HIV in NSW, run by people living with HIV.

Based in Sydney, we offer a range of **free** support services to **all** people living with HIV or affected by HIV, across NSW – regardless of culture, language, gender, sexual orientation or age. This includes:

- gay and bisexual men
- heterosexual people
- women
- Aboriginal people
- trans and gender diverse people
- people from all multicultural communities
- older people
- people who inject drugs
- migrants and refugees
- our family, friends and partners who are also affected by HIV.

1800 245 677 • positivelife.org.au

All our services and support groups are **free** to **all** people living with or affected by HIV in NSW.

Hours 9am – 5pm, Monday to Friday

Phone 02 8357 8386

Freecall 1800 245 677

Email contact@positivelife.org.au

Address Level 4, Suite 4.1, 414 Elizabeth Street
Surry Hills NSW 2010

To find out about social events or how we can support you, please call 1800 245 677 or visit positivelife.org.au



Positive Life NSW respects your privacy. We are committed to protecting and keeping your personal information safe.

Positive Life NSW acknowledges the traditional custodians of the lands on which we live and work on. We pay our respects to the Elders past, present and future.



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Images are stock photos posed by models.

Positive Life NSW

The voice of
all people living
with HIV in NSW



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Positive Life NSW

Inform

We offer information, advice, referrals, health promotion, and workshops, and forums on all HIV-related issues across HIV prevention, diagnosis, treatment and healthcare.

Advocate

We advocate on HIV-related public policy issues across the social determinants of health, and promote the emerging health and wellbeing needs of all people living with HIV in NSW.

Represent

We represent the interests of all people living with HIV in NSW with government, clinical care, community and research bodies, in legislation and public health policy.

*"You aren't alone!
Join other people, from
all walks of life, who
also live with HIV"*



Services

Ageing Support for all people living with HIV over the age of 45 years, to navigate and access the aged care, disability and health services so we can maintain our own independence for as long as possible.

Digital Mentors welcomes all people living with HIV to build your digital skills, digital literacy and confidence using computers, mobile devices and the internet with others living with HIV.

Employment Support for all people living with HIV to find training or get into study, volunteer or paid work (full-time, part-time or casual).

Heterosexual Support by and for heterosexual people living with HIV supporting other heterosexual people living with or at risk of acquiring HIV.

Partner Notification supporting you when you're ready to talk with partners or tell others about your own HIV or sexually transmitted infection (STI) diagnosis.

Peer Support & Referrals by and for all people living with HIV to navigate and access a range of NSW-based services.

Positive Speakers Bureau to put a face to what it means to live with HIV as we share our stories and experiences of living with HIV interwoven with health promotion messages at schools, universities and a range of organisations throughout NSW.

Treatments Support for all people living with HIV including our partners, family and friends affected by HIV across the NSW metropolitan and regional areas.

Social support groups

Social Support Groups run by and for all people living with HIV to connect, make new friends and grow our social networks in safe, accessible and inclusive environments. Positive Life welcomes anyone across the range of sexuality and gender diverse identities into our social groups.

[+Connect] and **[+Connect] OutWest** inclusive social events for all people living with HIV, our partners, families and friends.

Peer2Peer a support and discussion group every second month for gay and bisexual men living with HIV.

The Social Club a monthly support and discussion group that welcomes people who identify as heterosexual living with HIV.

Positive Conversations a monthly online discussion group for all people living with HIV, regardless of gender and sexuality. People from rural and regional areas are especially welcome!

The Women's Room an online support and discussion group every second month for women living with HIV under 45 years of age.

For Women an online support and discussion group every second month for women living with HIV under 45 years of age.

The Men's Room an online support and discussion group every second month for heterosexual and bisexual men living with HIV.

a[STARTx] a weekend workshop for gay and bisexual men living with HIV. This program is a partnership between Positive Life and ACON.

Torque a weekend workshop for people living with HIV.