

SPEAK UP ABOUT HIV

- Test for HIV and treat immediately
- Take your medication regularly
- When you have an undetectable viral load, your HIV is untransmissible
- Visit us at: www.positivelife.org.au



SILENCE = DEATH



SPEAK UP ABOUT HIV !

PositiveLifeNSW
the voice of people with HIV since 1988



AIDS STILL KILLS

People can live with HIV for many years without knowing. Whether it's fear of finding out or they just haven't had a test, their treatment is delayed and immune system is severely damaged. These 'late presenters' can be diagnosed with advanced HIV disease (AIDS). Your health is nothing to be silent about.

RESPECT FOR OUR ELDERLS

The good health of people living with HIV today stands on the shoulders of the positive activists who demanded more from their medications, their doctors and the researchers. We benefit from their hard work. They understood that silence equals death. We cannot be silent about our history over the past 30 years.

STIGMA AND DISCRIMINATION

While AIDS might not be the killer it once was, stigma and discrimination kills people today. Whenever stigmatising attitudes or discriminatory practices go unchallenged, people living with HIV stop engaging with their healthcare providers, avoid social interactions that nourish and build our community and passive suicide becomes a silent reality. Don't be silent, speak up about stigma and discrimination.

HIV IS DIVERGING

HIV is moving into the margins and affecting more communities than ever. People from culturally and linguistically diverse backgrounds, Aboriginal people, heterosexual people, people born overseas and women of all ages. The time for silence is over, talk about HIV in marginalised communities.