

CONTENTS

PAGE 1

Health / Financials

PAGE :

Housing/Surveys / Reports

PAGE 3

National Homelessness Week

PAGE 4

Legals / Social Support

PAGE!

Culture & Community Support

PAGE 6

Thoughts / Online Social Activities

PAGE 7

Training & Employment

PAGE 8

Sector Support

SOURCES

ABC Net

Crikey

Croakev

Eventbrite

Inside Story

NUAA

ProBono Australia

Redfern Legal Centre

SWOP NSW

Tenants Union of NSW

The Conversation

The Lancet

The New Daily

Sunday 9 August 2020

Positive Life NSW COVID-19 Toolkit is a weekly update of practical resources, tools and strategies for people living with HIV in NSW, our supporters and associates who are affected by HIV, as well those who work in the NSW HIV sector.

The theme in the ToolKit this week is 'National Homelessness Week 3-8 August' If you have information or feedback to contribute to future ToolKits, please email contact@positivelife.org.au

POSITIVE LIFE NSW COVID-19 RESPONSE

People living with HIV in NSW regardless of gender or sexuality.

RSVP Essential. [Thurs 20 August, 6pm-7.30pm AEST]

OPINION: Positive Life Board Director Sebastian Zagarella shares some reflections on priorities, mortality, PEP and PrEP, while living with HIV in a time of COVID-19. [June 2020 Talkabout]

OPINION: Living positive as an Asian gay man, Jimmy shares the value of reaching out and finding the support that makes all the difference. [Losing face, losing fear]

Positive Life Strategy in 2021, we're updating our 2015 branding. Over the next few weeks you'll notice Positive Life NSW is rolling out a brand refresh across all our collateral.

VIDEO: On Wednesday 5 August 2020, we farewelled our friend, mentor and colleague Geoff Honnor who left us on 23 June. His burial was held at Rookwood Cemetery in Sydney and live streamed for family and friends who could travel to NSW. You can view the footage here: Video 1 and Video 2

HEALTH

If you have severe difficulty breathing call triple zero (000) immediately.

National COVID-19 Triage Hotline 1800 020 080

ONLINE RESOURCE: Coronavirus (COVID-19)

Symptom Checker. [HealthDirect]

ONLINE RESOURCE: News and information about Coronavirus (COVID-19) in your language. [SBS]

#COVID19 UPDATES: Latest Coronavirus (COVID-19) updates and health statistics. [NSW Health]

TESTING: Find your nearest testing centre in NSW. [NSW Government]

RESTRICTIONS: What you can and can't do under the rules. [NSW Government]

HEALTH ADVICE: Masks are a helpful addition in the fight against COVID-19 if used correctly. NSW Health strongly encourages people to wear them when unable to physically distance.

[NSW Health]

TRAVEL: Advice for international travellers.

[Australian Department of Health]

case locations in NSW Read about NSW case locations to see if you need to get tested and self-isolate. [NSW Government]

ADVICE: COVID-19 resources for Aboriginal and Torres Strait Islander health professionals

[Australian Indigenous HealthInfoNet]

FINANCIALS

HOUSEHOLD RELIEF: In collaboration with the Australian Government, loans up to \$3,000 towards rent and utilities for eligible people affected by COVID-19. [Good Shepherd Australia/New Zealand]

FACTSHEETS: Financial wellbeing and COVID-19 [UNSW Centre for Social Impact]

CRISIS RELIEF: A one-off payment if you're affected by coronavirus (COVID-19). [Services Australia]

work situation changes. [NSW Government]

INCOME SUPPORT: Economic response to the Coronavirus supporting individuals and households.

[Commonwealth Treasury]

INCOME SUPPORT: The Government has temporarily expanded eligibility for income support payments – including JobSeeker Payment.

[Commonwealth Treasury]

GOVERNMENT BENEFITS UPDATE:

Government benefits are available to support people who have been financially impacted by the needs for quarantine, social distancing and some industry shutdowns. Recently, there have been updates to what is available. [28 July, InvestBlue].

SUPERANNUATION: Early access superannuation scheme estimated to hit \$42 billion in coronavirus support. [30 July, ABC News]

NSW HIV SECTOR SERVICES INFORMATION

What's available, opening times and access options for HIV sector personnel and people living with HIV.

Are your service details up-to-date?

To add or update your info, please email contact@positivelife.org.au



HOUSING

RENTING: The Renters' Guide to COVID-19 has been developed to provide legal information about situations that may arise as a result of the COVID-19 pandemic. [Tenants' Union of NSW]

homeless population is critical to understanding the impacts that addiction and COVID-19 are having on people's lives. [5 August, Turning Point]

homelessness: creating a mental health COVID-19 response. [4 August, The Lancet]

OPINION: Heatmaps show homelessness in Australia does not discriminate. [3 August, Probono Australia]

Home project will deliver stable housing and wraparound support for hundreds of people experiencing homelessness. [5 August, NSW Government]

HOUSING: Housing market could still see major recession to come as coronavirus ravages economy. [3 Aug, ABC News]

Australian property can avoid Covid-19 doomsday scenario. [1 Aug, The Guardian]

refugees and asylum seekers at risk of job loss and homelessness. [30 July, ABC News]

RENTING: Australians evicted from their homes despite rental moratorium. [30 July, The New Daily]

SUPPORT PAYMENTS: 6 government support payments tenants can access during COVID-19. [RealEstate.com]

HOME OWNERSHIP: Big boost for first home buyers and construction industry as stamp duty slashed. [27 July, NSW Government]

SURVEYS & RESEARCH

SURVEY: Have you delayed seeing your health care provider because of cost? Health Consumers NSW, in partnership with the NSW Council of Social Service, want to find out more about your experience of the cost of health care in NSW.

[Survey Monkey]

SURVEY: Telehealth during COVID1-19 and your experiences of consultation with an allied healthcare clinician via telehealth during COVID-19? [University of Melbourne]

SURVEY: Have you recently been in the Emergency Department during COVID-19? Seeking consumers/patients' experiences when they or someone they know, were in the emergency department during COVID-19. [Australasian College for Emergency Medicine]

SURVEY: An international team of researchers from 12 different institutions is investigating beliefs and behaviours in response to COVID-19. [covid19-survey.org]

SURVEY: What are the impacts of social distancing, self-isolation, and quarantine on our health, psychological wellbeing, and relationships?

[Swinburne University of Technology]

on Australian gay & bisexual men's ongoing risk of HIV, and sexual and mental health. [Kirby Institute]

SURVEY: How are you living with COVID-19 restrictions in Australia. [Monash University]

Health and Functioning during Infection Times (COH-FIT) is a large international survey project for the countries affected by the coronavirus pandemic (COVID-19). [International Collaboration]

SURVEY: The National Women's Health
Survey closes on Friday 28 August [Jean Hailes for Women's Health]

NATIONAL HOMELESSNESS WEEK

- OPINION: Australia can end systemic homelessness, and change thousands of lives. [6]

 August, c]
- MEDIA RELEASE: 1 in 6 young people in Australia have experienced homelessness. [29 July, Mission Australia]
- OPINION: Rich or poor, it doesn't matter: The electorates where people are left homeless. [3 August, The New Daily]
- OPINION: 'This will get worse': Fears for the wellbeing of young people facing homelessness. [29]
 July, Probono News]
- NEWS: Homeless, harassed and unemployed: the reality facing more young Aussies. [29 July, Eternity News]
- NEWS: 'Everybody is very worried': testing times for residents of Sydney's Covid-19 hotspots. [31 July, The Guardian]
- MEWS: NSW coronavirus cases rise by three-month high of 21 as ACT residents told not to travel to Sydney [31 July, The Guardian]
- NEWS: Homelessness Week refocusing attention on those in need. [29 July, Echo Netdaily]
- OPINION: 'My dog is my home' the need for pet-friendly accommodation for homeless people. [24 July, The Conversation]
- NEWS: Safe space in Burnie to provide shelter, support for homeless. [26 July, The Advocate]
- **OPINION:** COVID-19 Victorian lockdown: an international perspective. [5 August, Croakey]
- OPINION: The great disruption: How COVID-19 might help us to end homelessness. [5 August, RMIT University]

3-8 AUGUST 2020

- and support for tenants are key to preventing homelessness. [30 July, Tenants' Union of NSW]
- of refugees and asylum seekers at risk of job loss and homelessness. [30 July, ABC News]
- migrants on temporary visas: assessing the public costs. [July 2020, Refugee Council of Australia]
- OPINION: Unused buildings will make good housing in the world of COVID-19. [29 July, 2LT National News]
- OPINION: How the housing crisis has worsened during COVID-19. [24 July, The Greens]
- OPINION: Unused buildings will make good housing in the world of COVID-19. [29 July, The Conversation]
- Pathways to Housing in New York City in 1992 based on the belief that housing is a human right.

 [Pathways Housing First]
- REPORT: Meet the outsider who accidentally solved chronic homelessness [6 May, Washington Post]
- CONLINE LAUNCH: Homelessness Week
 Launch "Everybody Needs a Home". [Mon 3 Aug,
 12pm-1.30pm AEST]
- RIEFING: Social housing acceleration and renovation program (SHARP). [Community Housing Industry Association (CHIA), Homelessness

 Australia, National Shelter, and Everybody's Home]
- VIDEO: Lockdown saved me from life on the streets. [29 July, BBC News]
- STATEMENT: People who are incarcerated in criminal justice settings during the COVID-19 pandemic including those who are living with HIV, hepatitis B and hepatitis C [20 July, ASHM]

LEGALS

MIGRATION: International student questions about visas or other legal questions. [International Student Legal Service NSW, Redfern Legal Centre]

OPINION: Australia's borders are shut, so where does that leave refugees? [28 July, Probono Australia]

RENTING: The Renters' Guide to COVID-19 provides legal information about situations arising as a result of the COVID-19 pandemic. [Tenants' Union of NSW]

FACTSHEET: COVID-19 for Tenants in 7
Community Languages summarising renters rights under COVID-19 regulations in NSW. [The Tenants Union of NSW]

Public Health Orders & Restrictions gathered in a webpage where you can download the latest documents, including easy-read. [NSW Health]

ADVICE: Free legal advice service for people in NSW with COVID-19 fines. [Redfern Legal Centre]

POSITIVE LIFE NSW AGEING SUPPORT

Silver Warriors supporting people living with HIV who are over 45 years, to find out what you're entitled to make your life more comfortable. Call (02) 9206-2177 or 1800 245 677 (freecall outside metro) or email contact@positivelife.org.au



Supporting you through aged care, disability and health services



SOCIAL SUPPORT

SUPPORT: A range of helplines and supports collected especially for people living with HIV during the COVID-19 crisis. [Who you gonna call?, Positive Life NSW]

SUPPORT: BEING Supported is open and here for you on **1800 151 151 from Monday to Friday, 10am** - **4pm AEST**.

ONLINE RESOURCE: Embrace Multicultural Mental Health is a free, nationally available framework which supports organisations and individual practitioners to evaluate and enhance their cultural responsiveness. [Mental Health Australia]

FREE WEBINAR: The **Western Sydney Recovery College** is running an online Mental Health
Recovery Self-care Workshop promoting self-care techniques. [4 & 11 August, 10.00am-12.00pm]
AEST]

SUPPORT: Your mental wellbeing is important. If you're feeling anxious or stressed, you're not alone. There are services that can support you through these difficult times. [NSW Government]

Australia now have access to a new hotline to assist them in supporting the health and wellbeing of veterans. [3 August, Department of Veterans' Affairs]

REPORT: Self-care and health: by all, for all - Learning from COVID-19. [Victoria University]

FREE GROUP: Women's friendship cafe.

Making connections in a virtual space [Mon 10 Aug, 6pm to 7.30pm AEST]

without having to talk on the phone. [5 August, The Conversation]

CULTURE/ ART/ BOOKS

FREE ONLINE MUSIC FESTIVAL: Music festival and gathering space every weekend from 10pm-12 midnight AEST where artists play 20-minute sets streamed live via their Instagram accounts. [ISOL-LATE]

FREE ENTERTAINMENT: A different Opera encore presentation released each day at 10.30am AEST for free streaming for 23 hours. [Metropolitan Opera]

ONLINE FITNESS: An online all-body general fitness class from the comfort of your own home, delivered via Zoom. [Mondays 12pm- 12.45pm AEST]

COOKING VIDEO: Easy Chickpea & Veggie Curry with Stephen Lunny [Surry Hills Neighbourhood Centre]

FREE VIRTUAL FESTIVAL: The Danjoo
Koorliny Walking Together Social Impact Festival is
designed and led by Aboriginal leaders to help us
all walk together towards 2029 and beyond. [3-9
August, Centre for Social Impact]

FREE EXHIBITION: 50 years of collecting international contemporary art curated by Gallery director Michael Brand. [1 Jun to 13 Sep, NSW Art Gallery]

to the public including the farmers market in August and eight free exhibitions to check out. [7]

August, Broadsheet Sydney]

FREE EXHIBITION: Maton: Australia's Guitar. More than 130 guitars on display at the Powerhouse. [25 July to 11 October, Sydney Powerhouse Museum]

running and most prestigious art awards for Aboriginal & Torres Strait Islander artists is going digital. [7 August, The Telstra National Aboriginal and Torres Strait Islander Art Awards (NATSIAA)]

COMMUNITY SUPPORT

SEX WORKERS: Guidelines, harm reduction tips and strategies by and for sex workers. [Red Book, Scarlett Alliance]

SEX WORKERS: COVID-19 news, updates & resources for sex workers in NSW. [COVID-19 Impact and Response for Sex Workers, SWOP NSW]

ADVICE: COVID-19 advice for Aboriginal and Torres Strait Islander peoples and remote communities.

[Australian Department of Health]

FREE LEGAL HELP & INFO: Legal assistance for people affected by COVID-19. [LawAccess NSW and Legal Aid NSW]

QUESTIONS ONLINE LEGAL SUPPORT: Answer a few questions to find out if you are eligible to use this service to get answers about specific legal questions. [Justice Connect]

ADVICE: Dine in or walk away? How to tell if a venue is COVID safe in NSW. [29 July, The Conversation]

POSITIVE LIFE NSW TREATMENTS SUPPORT

Have questions about HIV & coronavirus, living with HIV, disclosure or need support working out how to get medications in NSW? Call our Treatments Officer for support Mon-Thurs (02) 9206-2177, 1800 245 677 (freecall outside metro) or email contact@positivelife.org.au



FOOD FOR THOUGHT @ COVID19

Agreement comes under fire over justice targets.

[31 July, Probono Australia]

NEWS: Uluru-Kata Tjuta National Park closure extended amid traditional owners virus fears. [4 August, The New Daily]

OPINION: It's time to stop comparing COVID-19 to HIV. [29 July: ExtraDaily]

OPINION: Bill Gates on how HIV/AIDS prepared us to tackle COVID-19 [27 July, World Economic Forum]

OPINION: Women leaders are better at fighting the pandemic. [28 July, World Economic Forum]

REPORT: COVID-19 & HIV, a tale of two pandemics. [International AIDS Society]

ADVICE: Resources for Aboriginal people to stay healthy and strong during the coronavirus outbreak. [Gayaa Dhuwi (Proud Spirit) Australia]

July, Inside Story]

NUMBEO: 'Gender is fluid in my culture'. [29]

July, BBC News]

NEWS: 'Not correct' that robodebt caused suicides, former head of Human Services says. [31]
July, The Guardian]

REPORT: NSW Covid-19 hotspots, list of regional and Sydney outbreak locations. [31 July, The Guardian]

OPINION: The 'new' Closing the Gap is about buzzwords, not genuine change for Indigenous Australia. [31 July, The Conversation]

ONLINE SOCIAL ACTIVITIES

AUSTRALIAN CLASSICS: Stream a curated selection of Australian cinema for free. [ABC iView]

ONLINE FILM CLUB: Join the Wentworth Point Community Centre & Library Film Club every fortnight on Zoom to talk about a film selected from Beamafilm with your City of Parramatta Libraries membership card. [Thurs (fortnightly), 30 July-24 Sept, 6.30pm-7.15pm AEST]

online Festival: Orange Festival virtual program, Very Local, to enjoy from the comfort of your couch. [Friday 31 July to Sunday 16 August]

COOKING VIDEO: Melbourne's food-truck king Raph Rashid weekly cooking shows. [Raph Rashid's Mean Cuisine]

WEBINAR: Melbourne Writers festival edition of Guardian Australia's monthly book club, acclaimed author Kate Grenville joins host Michael Williams. [Thurs 13 August, 1pm to 2pm AEST]

PREE WEBINAR: Gods and Demons with Deborah Cassrels [Tues 11 August, 12:30pm-1:30pm AEST]

Register to sign up. Games are limited to 5 participants. [Thu 13 August, 5pm to 6.30pm ACST]



Ph: (02) 8354 7300 or freecall 1800 644 413 | visit nuaa.org.au

6

Positive Life NSW COVID-19 Toolkit

TRAINING/EMPLOYMENT

FREE SEMINAR: Hepatitis C Elimination among people who use drugs – Are we there yet? [Thu 13 August, 3pm-4pm AEST]

RECRUITING: BEING is recruiting Peer Support Specialists with a lived experience of mental health issues, and a number of other key roles based in NSW. [NSW Consumer Advisory Group]

EMPLOYMENT SUPPORT: A guide for people who have lost their job or whose hours at work have been impacted by coronavirus. It contains information on your rights at work, financial support available, upskilling options and ways to find a job. [NSW Government]

WHY YOUNG PEOPLE ARE EARNING LESS:

COVID is hurting young workers more than older ones is widely recognised. [30 July, The Conversation]

Tips. Join Study NSW and Outcome.Life for this webinar where we'll discuss job hunting strategies and how to make your resume stand out! [Tue 11 August, 2pm to 3pm AEST]

Indigenous higher education look like? [Wed 12 Aug, 12pm to 1pm AEST]

VIDEO: Myths and tips for young workers [Fair Work Australia]

women, cis and trans, and any non-binary people comfortable in women's spaces. [DRESS FOR SUCCESS]

NEWS: Simon Fenech didn't have many options for work after a 12-month prison stint. The fight to get back on track. [3 August, Probono Australia]

NEWS: Heading back to the office? Here's how you can make the most of your morning commute. [3 August, Probono Australia]

FREE WEBINAR: Master your interview success workshop. [Sat 8 August, 1pm to 4pm AEST]

TREE WEBINAR: Online smart phones and tablets with IT specialist Leo. [Mon, 3 Aug to 28 Sept, 10 to 12noon AEST]

WEBINAR: Adobe Photoshop online classes. Adult \$20/Conc \$10. [Mon 10 Aug 10am to 3pm; Weds 16 Sept 10am to 3pm; Tues 29 Sept 10am to 3pm]

FREE WEBINAR: Online life internet skills classes with IT specialist Leo. [Tues 28 July to 29 Sept, 10am to 12pm AEST]

FREE WEBINAR: Top tips to get noticed.

Career Coach, Robin DeLucia shares her top tips on how to get noticed on your job application, on your resume, on Linked In and at interviews. [Weds 12 Aug, 11am to 12noon AEST]

OPINION: Shorter meetings but longer days

– how COVID-19 has changed the way we work.

[7 August, The Conversation]

opinion: How the COVID-19 crisis could spark permanent work-from-home movement.

[6 August, Benzinga]

OPINION: Humanising technology will help teachers and students with remote learning. [6]
August, The Big Smoke]

OPINION: We can't let STEM skills become a casualty of COVID-19. [7 August, The Conversation]

OPINION: Why degree cost increases will hit women hardest. [7 August, The Conversation]

health of service workers. [16 July, MIT Technology Review]

OPINION: Aboriginal-led initiatives spare communities from COVID-19 spread. [6 August, Crikey]

SECTOR SUPPORT

GOVERNMENT: COVID-19 Information for Workplaces. [Safe Work Australia]

SURVEY: Impact of COVID-19 on Community and Social Services in NSW. [NCOSS]

ONLINE APP: Gilbert + Tobin's Charities + Social Sector team have created a free and interactive app to assist charities and nonprofits understand the requirements for holding AGMs.

[Gilbert + Tobin]

RESOURCE: Create a COVID-19-Safe Workplace with this resource [Institute of Community Directors Australia]

RACISM: The 'Let's Talk Race' guide is designed to assist organisations to conduct meaningful and productive conversations about racism.

[Australian Human Rights Commission]

FREE WEBINAR: 'Get On Board' is a two-part workshop for Aboriginal people to give you an understanding of the role and responsibilities of becoming a Board Member from a culturally appropriate perspective. [Tues 18 and 25 August 9.30am-12.30pm AEST]

Master Class series for Not-For-Profits,
Engagement and Audiences, aims to cover how to
best thrive in the coming months with making the
most of government engagement and targeting
your ideal audience. [Thurs 27 August, 11am12.15pm AEST]

TELECONFERENCE: Fireside chat with event technology experts Delegate Connect. [Thurs 13 August 11am-12pm AEST]

campaign: Sign up to the campaign as an organisation and ensure housing solutions that will enable every Australian to be housed are at the centre of the debate in the next federal election.. [Everybody's Home]

SUBSCRIBE TO POS LIFE'S MONTHLY EBULLETIN



Editor:

Craig Andrews
Positive Life NSW Communications Officer
communications@positivelife.org.au

Positive Life NSW

PO Box 831, Darlinghurst NSW 1300

Copyright © 2020 Positive Life NSW, All rights reserved

ABN: 42 907 908 942

Images used are for illustrative purposes only and do not imply serostatus, sexuality or behaviours.



We acknowledge the traditional custodians of this land that we live and work on, and recognise, respect and value the deep and continuing connection of Aboriginal and Torres Strait Islander people to land, community and culture.

We pay our respects to Elders, Past, Present and Future.

