

COVID-19 TOOLKIT

A weekly update for all people living with HIV in NSW

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Friday 24 July 2020

Positive Life NSW COVID-19 Toolkit is a weekly update of practical resources, tools and strategies for people living with HIV in NSW, our supporters and associates who are affected by HIV, as well those who work in the NSW HIV sector.

The theme in the ToolKit this week is **'World Hepatitis Week/World Hepatitis Day (28 July)'**. If you have information or feedback to contribute to future ToolKits, please email contact@positivelife.org.au

POSITIVE LIFE NSW COVID-19 RESPONSE

NEW UPDATE: PERSONAL PROTECTIVE EQUIPMENT (PPE) & COVID19 STATEMENT

In the light of evolving health messaging, Positive Life NSW offers an [updated position paper which clarifies and summarises the current recommendations for the appropriate use of PPE](#), with relevance for communities of people living with HIV and our partners, family and friends in NSW.

NEW SWITCHING IT UP! IS IT TIME FOR A MEDICATION REVIEW?

As more HIV treatment choices become available and our knowledge of how to manage HIV and other health conditions continues to grow, [it's reasonable to ask, "is this the very best treatment for me at this time?"](#)

NEW NEXT: PEERS CONNECT ONLINE!

All people living with HIV in NSW are invited to the next online support group on [Thurs 6 August, 6pm-7pm AEST](#). **RSVP ESSENTIAL.**

NEW VALE GEOFF HONNOR

["We have lost an influential, dedicated and passionate voice for people living with HIV in NSW,"](#) says CEO Jane Costello and Deputy CEO, Neil Fraser. "Geoff's guidance, leadership and advocacy played a central role in the NSW HIV sector, and we will deeply miss his wit, his exceptional intellect, his unapologetic pursuit of pleasure and his vision for people living with HIV in NSW."

HEALTH

FEELING UNWELL

Need to check if you should seek medical assistance for coronavirus? Visit the [online NSW Government COVID-19 Symptom Checker](#).

If you have severe difficulty breathing call triple zero (000) immediately.

CORONAVIRUS IN YOUR LANGUAGE

News and information about coronavirus (COVID-19) is [available in 63 languages](#).

National COVID-19 Triage Hotline 1800 020 080

LATEST NSW HEALTH UPDATES

NSW HEALTH COVID-19 Health Statistics
>>[MORE DETAILS](#)

REASONS TO GET TESTED FOR #COVID19

If you have any symptoms, [no matter how mild, come forward for testing](#).

LATEST RESTRICTION RULES IN NSW

[Increased restrictions and border closures](#).

NEW DUAL PANDEMICS

What will COVID-19 mean for hepatitis C elimination? [Tue 28 July, 12:30pm to 2pm AEST](#).

NEW AUSTRALIA'S ABOUT-FACE ON MASKS AND COVID-19

Why our health advice was [late to the party](#).

NEW COVID-19 TEMPORARY MBS TELEHEALTH SERVICES

A number of [new temporary MBS telehealth services have been created in response to the COVID-19 pandemic](#) - updated 21 July.

FINANCIALS

HOUSEHOLD RELIEF

In collaboration with the [Australian Government, Good Shepherd are providing loans up to \\$3,000](#) towards rent and utilities for eligible people affected by COVID-19.

NEW [#COVID19 FINANCIAL ASSISTANCE](#)
[Government support when impacted by COVID-19](#).

NEW [ECONOMIC RESPONSE TO #COVID19](#)
On 21 July, the Government announced it is [extending the JobKeeper Payment until 28 March 2021](#) and is targeting support to those businesses and not-for-profits who continue to be significantly impacted by COVID-19.

NEW [EVERYTHING YOU NEED TO KNOW ABOUT #COVID19 AND YOUR FINANCES](#)
Potential [relief options you might be able to access](#).

NEW [THE NEXT NORMAL](#)
How [companies and leaders can reset for growth beyond coronavirus](#).

NEW [#COVID19'S IMPACT ON AUSTRALIAN BUSINESS REGISTRATIONS](#)
[Fewer companies were registered with ASIC in the first six months of 2020 compared](#) to the first six months of 2019.

NEW [CORONAVIRUS SCAMS](#)
What they [look like and how to avoid them](#).

NEW [CHARITIES PLAY KEY ROLE IN THE #COVID19 RECOVERY, BUT WHAT IF THEY AREN'T THERE?](#)
Unique business structure of charities [makes it harder for them to rebound](#).

NSW HIV SECTOR SERVICES INFORMATION

What's available, opening times and access options for HIV sector personnel and people living with HIV.

[Are your service details up-to-date?](#)

To add or update your info, please email contact@positivelife.org.au



HOUSING

RENTERS' GUIDE TO #COVID19

This guide has been developed to provide legal information about situations that may arise as a result of the COVID-19 pandemic. >>[LEARN MORE](#)

NEW AUSSIE HOUSE PRICES DIVE DURING #COVID19 PANDEMIC

Australia's [house prices have dived by 2 per cent during the COVID-19 pandemic](#), reversing more than two years of gains.

NEW MELBOURNE PUBLIC HOUSING RESIDENTS TALK ABOUT #COVID19

The toughest lockdown imposed on [residents of public housing in Australia has been lifted, but their COVID-19 ordeal isn't over](#) – and recovering from their traumatic experience will take time.

NEW BUILD COMMUNITY HOUSING TO HELP BEAT THE #COVID19 RECESSION

The nation's largest community housing advocacy group is [urging the Government to invest in more social housing not only to help those in need get a roof over their heads, but as a major boost to the economy during the COVID-19 recession](#).

NEW RENTAL VACANCIES RISE IN SYDNEY'S CBD AS #COVID19 HITS PROPERTY MARKET

The number of [empty rental homes in Sydney's CBD has jumped by 70 per cent since last year](#), as the property market continues to be hit by the coronavirus pandemic.

NEW WHY SOCIAL HOUSING IS FACING A #COVID19 SQUEEZE

Australia's social and affordable housing sector was [under pressure before the coronavirus recession, and is now being squeezed](#) by rising demand and falling revenues.

NEW #COVID19 LOCKDOWN: A BREEDING GROUND FOR DOMESTIC ABUSE

Behind closed doors, [the dark underbelly of domestic violence is thriving as more people are locked down at home](#).

SURVEYS & RESEARCH

NEW SURVEY: AUSTRALIAN COMMUNITY SECTOR

This survey is on the impacts of COVID-19 on you, the organisation you work for, and the people your organisation assists. The survey closing date is now midday 27 July. >>[TAKE THE SURVEY](#)

NEW SURVEY: HAVE YOU DELAYED SEEING YOUR HEALTH CARE PROVIDER BECAUSE OF COST?

Health Consumers NSW, in partnership with the NSW Council of Social Service, want to find out more about your experience of the cost of health care in NSW. >>[TAKE THE SURVEY](#)

SURVEY: TELEHEALTH DURING #COVID19

University of Melbourne are exploring the experiences of people who consulted with an allied healthcare clinician via telehealth during COVID-19. >>[TAKE THE SURVEY](#)

SURVEY: HAVE YOU RECENTLY BEEN IN THE EMERGENCY DEPARTMENT?

The **Australasian College for Emergency Medicine** is seeking consumers/patients' experiences when they or someone they know, were in the emergency department during COVID-19. >>[TAKE THE SURVEY](#)

SURVEY: INTERNATIONAL SURVEY ON #COVID19

An international team of researchers from 12 different institutions, including Harvard, Cambridge, IESE, and Warwick University, among others is collecting survey data on how people prepare and cope with coronavirus. >>[TAKE THE SURVEY](#)

SURVEY: HEALTH AND WELLBEING

Swinburne University of Technology is exploring the impact of social distancing, self-isolation, and quarantine on our health, psychological wellbeing, and relationships. >>[TAKE THE SURVEY](#)

SURVEY: LIVING WITH COVID-19 RESTRICTIONS IN AUSTRALIA

Monash University is conducting research to see how people in Australia are experiencing the easing of COVID-19 restrictions and to seek their suggestions about what the government could do to assist recovery. >>[TAKE THE SURVEY](#)

WORLD HEPATITIS WEEK /

NEW THE A, B, C, D AND E OF HEPATITIS

Hepatitis means [inflammation of the liver](#). While [we usually think of hepatitis A to E viruses](#), anything that causes inflammation or damage to the liver can be considered a form of hepatitis.

NEW #COVID19 IMPACT ON HEPATITIS C ELIMINATION IN AUSTRALIA ON WORLD HEPATITIS DAY

The [COVID-19 pandemic and related social isolation has impacted drug use, drug and hepatitis C treatment services](#), and the health of people who use drugs.

NEW ELIMINATION OF HEPATITIS C IN AUSTRALIA AT RISK DUE TO #COVID19

While Australia is on track to become one of the first countries to eliminate hepatitis C, [the COVID-19 pandemic is putting elimination goals at risk](#).

NEW TOWARDS A HEPATITIS-FREE FUTURE

In the midst of COVID-19, [viral hepatitis is continuing to affect millions of lives](#).

NEW HEPATITIS AWARENESS WEEK HEALTH PROMOTION AND DBS BLITZ AT NORTHCOTT

NUAA and KRC are [combining to mark Hepatitis Awareness Day at the KRC bus outside the Northcott Estate on Belvoir Street in Surry Hills](#) from 11-1 on July 28. Refreshments available.

NEW AUSTRALIA IS MAKING PROGRESS TOWARD ELIMINATING HEP C IN PEOPLE WHO INJECT DRUGS

Thanks to a health care system that provides unrestricted access to direct-acting antiviral (DAA) treatment for hepatitis C virus (HCV), [Australia is making good progress in eliminating the virus among people who inject drugs \(PWID\)](#).

NEW WILL WE EVER HAVE A HEP C VACCINE?

[Two activists weigh in on the challenges and opportunities ahead](#).

WORLD HEPATITIS DAY (28 JULY)

NEW WORLD HEPATITIS DAY 2020

World Hepatitis Day is [commemorated each year on 28 July to enhance awareness of viral hepatitis](#), an inflammation of the liver that causes a range of health problems, including liver cancer.

NEW FEELING BETTER IS THE NEW NORMAL AFTER HEP C TREATMENT

Gren, a [Hepatitis NSW Community Peer Speakers](#), [has written a guest blog post](#) about his experience of living with and being cured of, hepatitis C.

NEW HEPATITIS C OUTBREAK IGNITES DEBATE

Pressure is [mounting on the Queensland Government to implement Needle and Syringe Programs \(NSPs\) in the state's correctional centres](#) amid an outbreak of hepatitis C at a Far North Queensland prison.

NEW TESTING PEOPLE WHO SPIT AT POLICE OR HEALTH WORKERS WON'T PROTECT THEM

People who expose a police officer or emergency worker to body fluids [would be compelled to have their blood tested for HIV, hepatitis B and hepatitis C, under a proposed law in NSW](#).

NEW HEPATITIS C DRUGS HELP COMBAT #COVID19 IN TRIALS

US official [Anthony Fauci says sofosbuvir and daclatasvir results are 'provocative and encouraging'](#).

NEW HEAVIER ALCOHOL CONSUMPTION THROUGH #COVID19 HAS WIDESPREAD IMPACT

Australians are [drinking more since the coronavirus pandemic escalated](#). The impacts are far reaching – affecting the physical and mental wellbeing of many.

NEW HAVE A VACCINE FOR HEPATITIS B BUT HERE'S WHY WE STILL NEED A CURE

Hepatitis B is blood-borne virus [that packs a punch](#). [Worldwide, more than 1.3 billion people have been infected with hepatitis B, and 257 million people have developed a life-long infection](#). This includes 240,000 Australians, many of whom are Indigenous.

LEGALS

INTERNATIONAL STUDENT QUESTIONS ABOUT STUDENT VISAS

If you need free and confidential migration advice about your student visa, or if you have other legal questions, contact Redfern Legal Centre's [International Student Legal Service NSW](#).

LEGAL HELP & INFO – FREE

LawAccess NSW and **Legal Aid NSW** have partnered up to [offer free legal help to people affected by the COVID-19 restrictions](#).

50% REDUCTION ON FINES

The NSW government is set to [halve fines for Centrelink recipients in an attempt to minimise the financial devastation](#) caused by the coronavirus pandemic.

HOW THE NSW GOVERNMENT'S EMERGENCY RESTRICTIONS ON #COVID19 WORK

[A resource that explains the basis for, and extent of, the COVID-19-related restrictions](#) in NSW as at 8 July.

JUSTICE CONNECT

Answer a few questions to find out if you are eligible to use this service. [Ask our lawyers a specific question about your legal issue and receive an answer](#).

POSITIVE LIFE NSW AGEING SUPPORT

Silver Warriors supporting people living with HIV who are over 45 years, to find out what you're entitled to make your life more comfortable. Call (02) 9206-2177 or 1800 245 677 (freecall outside metro) or email contact@positivelife.org.au



Supporting you through aged care, disability and health services



SOCIAL SUPPORT

WHO YOU GONNA CALL?

A range of [helplines and supports collected especially for people living with HIV](#) during the COVID-19 crisis.

NEW POSITIVE SELF-MANAGEMENT PROGRAM

A free online program by **Living Positive Victoria (LPV)** for all people living with HIV who are 50+ years. Runs every Tuesday night 6pm-8.30pm for six weeks. [Starts Tuesday 28 July and ends Tuesday 1 September](#).

NEW BEING SUPPORTED PHONE LINE

If you need someone to talk to during these challenging times, **BEING Supported** is open and here for you on **1800 151 151 from 10am - 4pm, Monday to Friday**.

NEW RECRUITING PEER SUPPORT

BEING is [recruiting further Peer Support Specialists, and a number of other key roles based in NSW](#).

NEW YOU CAN STILL BURN OUT WHILE WORKING FROM HOME

Working from home doesn't mean we avoid stress. The ['burnout' feeling might be a little different from what we're used to](#).

NEW FRAMEWORK FOR MENTAL HEALTH IN MULTICULTURAL AUSTRALIA

A [free, nationally available online resource which allows organisations and individual practitioners](#) to evaluate and enhance their cultural responsiveness.

NEW WEBINAR: MENTAL HEALTH RECOVERY: SELF-CARE WORKSHOP – FREE

The **Western Sydney Recovery College** is running this workshop to promote self-care techniques as part of mental health recovery. Students will learn practical skills to engage in self-care activities, to develop a daily self-care routine, and to role model self-care to others. [4 & 11 August, 10.00am-12.00pm AEST](#).

CULTURE/ ART/ BOOKS

ISOL-LATE – FREE

An online music festival and gathering space [every weekend from 10pm-12 midnight AEST](#) where artists play 20-minute sets streamed live via their Instagram accounts.

MET OPERA ON DEMAND

Each day at 10:30AM AEST, **The Metropolitan Opera** will release a different encore presentation from its *Live in HD* series for free streaming on its [website](#) for 23 hours.

LUNCHTIME BODY BLAST WITH GEORGE

Join us for an all-body general fitness class from the comfort of your own home, delivered virtually through the Zoom platform. [Mondays 12pm-12.45pm AEST](#).

STUDIORCC BEATBOXING – FREE

Learn easy tricks to control your breath, create percussive sounds and become a vocal scratch DJ. [20 July-21 Sept, Mondays 3pm-6pm AEST](#).

NEW ONLINE PANEL: BLACK LIVES MATTER – FREE

Can a leaderless movement be a force for change? Misinformation, distraction and fear tactics. [Wed 29 July, 21:30pm-23pm AEST](#).

NEW WEBINAR: INTRO TO PODCAST PRODUCTION – FREE

21st century technology gives individuals the luxury to develop podcasts with ease and accessibility. [Tues 28 July, 6pm-8pm AEST](#).

NEW ONLINE TABLETOP GAMES (AGES 18+) – FREE

Join us on Monday nights for a game or two on Tabletop Simulator. [Mon 13 July, 7pm-8:30pm](#).

NEW WEBINAR: TED CIRCLES – FREE

This TED Talk will be exploring a talk by Poet Ali on The language of being human. [Sat 25 July, 2pm-3:30pm AEST](#).

COMMUNITY SUPPORT

COVID-19 IN THE RED BOOK

Guidelines, harm reduction tips and strategies [by and for sex workers](#).

SWOP NSW

COVID-19 news, updates & resources [for sex workers in NSW](#).

KEY FINDINGS ON SEX WORK AND #COVID19

ASHM presented a [webinar in partnership with sex worker advocacy groups highlighting how sex workers have adapted their work practices and the importance of peer led interventions](#).

NEW WEBINAR: DANCING TOGETHER – FREE

UTS Gallery and **Studio A** present Dancing Together, a participatory online program with a simple mission; to make you feel good while you're staying at home. [Tue 28 July, 12:25pm-12:30pm AEST](#).

NEW WEBINAR: THRIVING AT WORK IN THE NEW NORMAL – FREE

How do we adapt and perform while still staying physically emotional and mentally well? One response offered is 'build your resilience'. But how do we build resilience to thrive in this new normal? [Wed 29 July, 12:30pm-1:30pm AEST](#).

POSITIVE LIFE NSW TREATMENTS SUPPORT

Have questions about HIV & coronavirus, living with HIV, disclosure or need support working out how to get medications in NSW? Call our Treatments Officer for support Mon-Thurs (02) 9206-2177, 1800 245 677 (freecall outside metro) or email contact@positivelife.org.au

Want to talk about your HIV and health?

Contact a Positive Life Treatments Officer
02 9206 2177 or 1800 245 677 (freecall)

PositiveLifeNSW
The voice of people with HIV since 1988

FOOD FOR THOUGHT @ COVID19

NEW WHILE UK #COVID19 CASES ROSE, AUSTRALIA'S SLOWED TO A HALT

Scott Morrison's Australia and Boris Johnson's UK have [experienced the coronavirus pandemic in fundamentally different ways](#).

NEW PATCHY #COVID19 TESTING MAY UNDERESTIMATE CASES IN AUSTRALIA

Australia has different qualities to other countries. [The environment, the spatial population distribution and being in the Southern Hemisphere render us different](#).

NEW TAKING IT TO A NEW LEVEL

A sustainable COVID-19 strategy will mean [paying much closer attention to people's movements, and where they gather along the way](#).

NEW YOUNG AUSTRALIANS TOLD TO BE RESILIENT

Australia's [youth have been hit hardest by the unemployment crisis](#) and are bankrolling the financial advantages enjoyed by older generations.

NEW SHUT DOWN BY #COVID19, TATTOOISTS FEAR RISE IN ILLEGAL 'BACKYARD' OPERATORS

Licensed tattoo artists are [worried clients are being inked illegally during COVID-19 restrictions](#).

NEW TWO MAJOR RESEARCH BREAKTHROUGHS COULD BE 'GAME CHANGERS'

A vaccine developed by [academics from the University of Oxford has been shown to induce an immune response](#), prompting the UK government to order 100 million doses.

NEW PATIENT AND PUBLIC INVOLVEMENT IN #COVID19 POLICY MAKING

The COVID-19 pandemic [saw the "nothing about us without us" mantra hanging in the breeze](#). [Decisions had to be made fast, but policy makers' choice of expert advisers excluded those with expertise rooted in lived experience](#). This was regrettable.

ONLINE SOCIAL ACTIVITIES

SIXTH ANNUAL SMARTPHONE FLICK FEST (SF3)

Shoot your own SmartPhone Flick Fest movie for a shot at the big time. [>>MORE DETAILS](#)

AUSTRALIAN CLASSICS ON ABC IVIEW

Stream a [curated selection of Australian cinema gold – for free – this winter](#). No streaming-service subscription required.

JOIN A FILM CLUB - FREE ONLINE

Join the Wentworth Point Community Centre & Library Film Club [every fortnight on Zoom to talk about a carefully selected list of films, all free to watch on Beamafilm](#) with your City of Parramatta Libraries membership card. **Thurs (fortnightly), 30 July-24 Sept, 6.30pm-7.15pm AEST.**

NEW WEBINAR: MINDFUL CONVERSATIONS ONLINE – FREE

What a year 2020 has been, so much surprises and twists/turns. Mindful Conversations Online is suitable for anyone who's interested in practising more intentional and reflective conversations. [Thu 30 July, 6:30pm-8:00pm AEST](#).

NEW WATCH: HOW TO MAKE A PHOTO MOSAIC WITH ARTIST KHALED SABSABI

Filmed from Sabsabi's studio on Darug Country, [learn how to print out your photos and cut them up to create mosaics](#).

**No equipment?
No worries!**



Mail order NSP available NOW

If you're self isolated or quarantined and need injecting equipment, don't put yourself at risk by reusing or sharing equipment. Instead, contact NUAA — we will mail you out however much you need of all sorts of injecting equipment (including speciality gear like wheel filters). Visit our website for more info about how COVID-19 might affect you as a person who uses drugs.



Ph: (02) 8354 7300 or freecall 1800 644 413 | [visit nuaa.org.au](http://visit.nuaa.org.au)

TRAINING/ EMPLOYMENT

WEBINAR: SMART PHONES AND TABLETS WITH IT SPECIALIST LEO – FREE

This online smartphone/tablets tech skills course class will provide an introduction to using smart phones and tablets such as Apple and Android devices. [Mon 31 August, 10am-12pm AEST.](#)

WEBINAR: JOBS OF TODAY SERIES: SOFTWARE DEVELOPMENT AND TESTING – FREE

Join us for this webinar to learn how you can pursue a career in software development or testing, important technical and critical skills for these roles and what you can do to make an impact on potential employers. [Weds 29 July, 2pm-3pm AEST.](#)

NEW SEMINAR: HEPATITIS C ELIMINATION AMONG PEOPLE WHO USE DRUGS: ARE WE THERE YET?

An update on efforts to eliminate hepatitis C infection among people who inject drugs, including interventions that have been effective to enhance HCV testing, linkage to treatment and care. [Thu 13 August, 3pm-4pm AEST.](#)

NEW WEBINAR: GOOD WORK - DO WE NEED A NEW STANDARD POST-COVID? – FREE Join the Foundation for Young Australians for the launch of the report into the effect of COVID on youth and flexible work. [Monday 27 July, 1pm- 2pm AEST.](#)

NEW 10 LITTLE THINGS THAT'LL HAVE A BIG IMPACT ON YOUR CAREER

The “little” things that will [ultimately have a huge impact on your career. The best part? None of them too much time or effort.](#)

NEW MASTERCLASS 2: MESSAGING + VOICE

How to create your message, including creating your unique selling proposition, translating your message into universal terms. [Thu 30 July, 11am-12.15pm AEST.](#)

ONLINE COURSES: TAFE NSW – FREE

Fully subsidised – Semester 2, 2020. Ultimo, Petersham and Randwick.

Certificate 1 Access to Work & Training 10583NAT (Computing & Career Skills)

Certificate 1 Information, Digital Media and Technology ICT10115 – starts 3 August

10581NAT Course in Vocational and Community Engagement (Floristry) – starts 31 July

CSO5555 TAFE Statement in Education and Employment Pathways

Introduction to Bookkeeping

Introduction to Child Care

Introduction to Urban Food Growing

TAFE Taster Short Courses

Explore Work and Study Options – starts 6 August

Get Job Ready – starts 4 August

Introduction to Health & Fitness

Introduction to Aged Care

Introduction to Health Care

Introduction to Online Music Platforms and Business

TAFE Taster Short Computing Courses

Accessing Free Technology

Introduction to Office 365 – starts 31 July

Introduction to File Management

Introduction to Word Processing

Introduction to Excel

Introduction to Power Point

Introduction to Web Design using Wordpress

Introduction to Search Engines, Browsers & Internet

People living with HIV can call [Positive Life NSW HIV Work Ready](#) if you want support choosing or applying for these free TAFE NSW courses (02) 9206-2177 or 1800 245 677

For more information about these TAFE NSW Courses call: Xanthi Alabasinis 0490 054 871 Or email: ULTCPES@tafensw.edu.au

SECTOR SUPPORT

NEW COVID-19 INFORMATION FOR WORKPLACES

Information about [work health and safety for your industry and COVID-19](#).

NEW #COVID19 IS THE NUMBER ONE BUSINESS-RELATED CAUSE OF MENTAL HEALTH CHALLENGES FOR SMALL BUSINESS

Research [released today by MYOB has revealed the number one cause of business-related mental health challenges for one in three small business owners has been COVID-19](#) (36%), followed by financial concerns like cash flow (26%).

LET'S TALK RACISM

The [Let's Talk Race guide](#) by the **Australian Human Rights Commission** is designed to assist organisations to conduct meaningful and productive conversations about racism.

WEBINAR: GET ON BOARD – ABORIGINAL WORKERS ONLY

Two-part workshop to give you an understanding of the role and responsibilities of becoming a Board Member from a culturally appropriate perspective. [Tues 18 and 25 August 9.30am-12.30pm AEST](#).

WEBINAR: MASTERCLASS #2: MESSAGING & VOICE – FREE

Aims to build on the project planning and strategy covered in Master Class 1. [Thurs 30 July, 11am-12.15pm AEST](#).

WEBINAR: ETHICAL PRINCIPLES OF ONLINE COUNSELLING

When the COVID-19 crisis hit Australia, many counsellors had to adapt quickly and move their practice to an online platform, with little to no training or guidance. Members \$44; Non-Members \$60.50 [Thurs 6 August, 10.00am-1.00pm AEST](#).

SUBSCRIBE TO POS LIFE'S MONTHLY EBULLETIN



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the voice of people with HIV since 1988

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We acknowledge the traditional custodians of this land that we live and work on, and recognise, respect and value the deep and continuing connection of Aboriginal and Torres Strait Islander people to land, community and culture.

We pay our respects to Elders, Past, Present and Future.

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